



## 2022-2023AY Program Summary

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The negative impact of food insecurity on college students includes being more likely to earn a lower GPA, diminished ability to excel in class, lower attendance and completion rates, and an increased risk of obesity due to being more likely to choose cheaper, highly processed, fast foods.

Hawk's Harvest provides access to food so students can focus on their studies rather than worrying about how they will pay for groceries. Our goal is to ensure that no Seahawk goes hungry, and we cannot achieve this mission without the support of generous donors and our partnership with the Food Bank of Central and Eastern North Carolina.

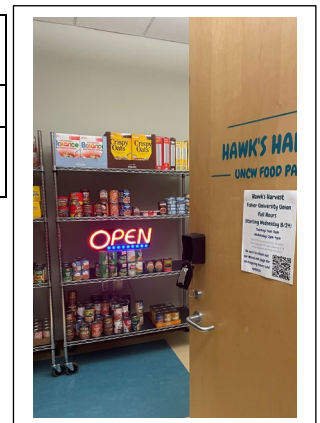
In order to continue to meet the increased demand for this important support service, we are opening a second location of Hawk's Harvest Food Pantry in fall 2023. The current location is in the Fisher University Union, a central hub and gathering space that provides easy access for students to grab groceries in between classes, work, or group meetings. The second location will be in Veteran's Hall, in partnership with the College of Health and Human Services, at the other end of campus and close to academic buildings, student parking, and on-campus housing.

	Shopping Trips*	Amount of Food Distributed
July 2021-June 2022	266	555 bags
July 2022-June 2023	1,874	2,064 bags 13,773.88 lbs.

*\* it is the number of times a person walked through the door to obtain groceries*

Feedback from students who used the pantry in 2022-2023:

- The easy accessibility. Keeping the information of students private is good too
- Easy access and no questions asked. Volunteers are very helpful and kind.
- Any person on campus can use, at my old school you had to qualify.
- I love that there is no weight limit for the amount that you can take in one visit. I also like that Hawk's Harvest offers other items like menstrual products and soap, too. This has been a really useful resource for me this year.
- [I like] Everything! It's a place I can easily get groceries when money is tight. The staff are always friendly too.
- I like that there is no judgment. I love knowing the people who need food at UNCW do not need to go hungry, and they do not need to worry about where they will get their next meal. I love that there are no questions asked. And that we can get whatever we need! This is an amazing resource at UNCW!
- I love Hawk's Harvest because of how easily accessible its location is because it's on campus and in walking distance of any housing area on campus.



Interested in supporting **Hawk's Harvest**?

Contact us at [hawksharvest@uncw.edu](mailto:hawksharvest@uncw.edu) and we will be happy to help you coordinate a food drive or schedule your donation drop off!

**Our most popular items include:**

pasta (fun shapes like bowties, penne, rotini), sauce, peanut butter and jelly, canned chicken and tuna, canned pasta, cereal, pop tarts, granola bars, canned chunky soups (like Progresso – with meat and without), mac 'n cheese, ramen, and rice or pasta and sauce packets– as well as condiments, snacks and toiletries. We also accept fresh food donations – like produce, bread, meats, and freezer items!

To make an online donation:



To sign up for payroll deduction:



<https://uncw.edu/seahawk-life/get-involved/students/serve/hawks-harvest>

<https://uncw.campuslabs.com/engage/organization/hawksharvest>